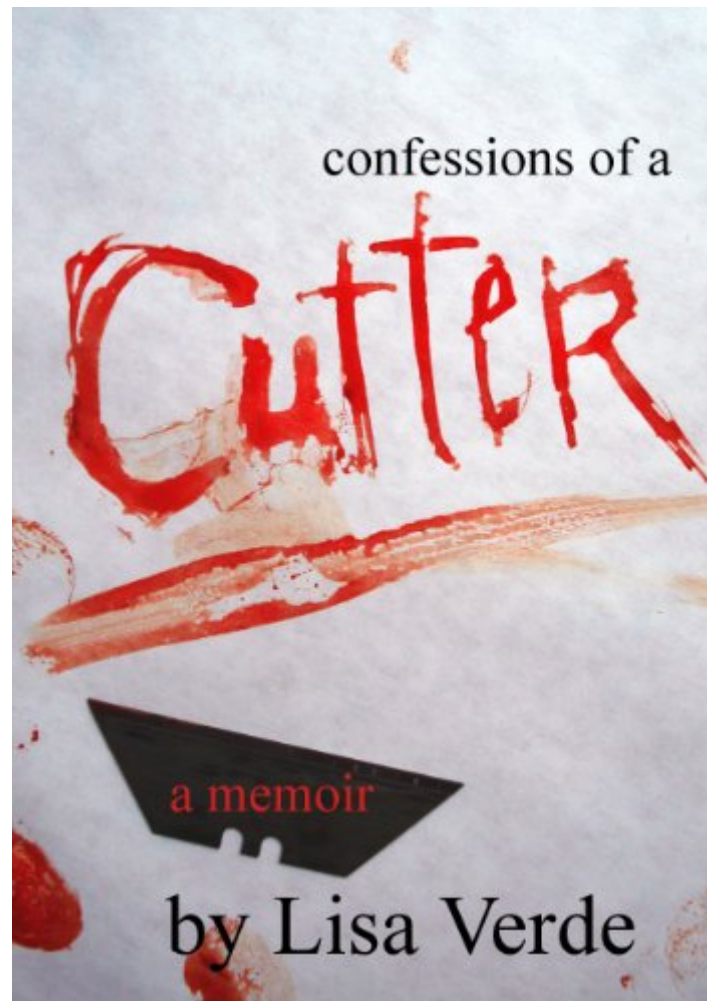


The book was found

Confessions Of A Cutter: A True Story Of Sexual Abuse, Self Mutilation, And Recovery



Synopsis

In this shockingly candid memoir, award-winning writer Lisa Verde exposes the truth about her personal journey with self mutilation. She details the years of childhood sexual abuse, humiliation, and neglect that finally led to the spontaneous revelation that cutting and burning herself would keep her tethered to reality. In a boldly convention-defying analysis, Verde asserts that burning and cutting herself from age 11 to 19 was a strong self-administered therapy that ultimately saved her sanity and her life. As she writes: "I wanted to die, but more than that, I wanted to not die." This work of non-fiction represents the very intimate struggle of one girl's journey into womanhood and wellness, through the personal struggle for courage and sanity. Approximately 12,500 words, or 45-60 minutes of reading time.

Book Information

File Size: 3304 KB

Print Length: 49 pages

Publisher: Lisa Verde; 2 edition (April 2, 2012)

Publication Date: April 2, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B007Z5Y3KQ

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #154,064 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #113

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental Health > Sexual Abuse #119 inÂ Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Parenting & Relationships #199 inÂ Books > Parenting & Relationships > Family Relationships > Abuse > Child Abuse

Customer Reviews

I was absolutely disgusted and disappointed in this book. The fact that she states that the things she's read seem to trivialize cutting, then states that she got over it herself, does just that - makes it seem more simple than it is. Cutting IS an addiction. It's one that I spent time in a treatment center

for. Yes, it's as a result of other circumstances & mental illnesses, but it's an addiction, much like drugs or alcohol. People DON'T just stop after adolescence as she suggests at the end (I'd like to know where she gets her facts) and not wanting to talk about it doesn't help to make a topic like cutting any less taboo. In fact, if she did her research, she'd see that yes, it does impact adolescents and young adults the most, but it doesn't end there are plenty of adults, and even the elderly, that self-harm. It may not be in the form of cutting all the time, but self-harm is self-harm. The fact that she proudly states it was "absolutely the right thing to do" is incredibly irresponsible, as if you can only get through a situation successfully with a coping mechanism so destructive. To say she was selfish and self-indulgent for going through this "phase" does an injustice to those who actually suffer with this addiction. It IS beyond their control & implying that it makes them selfish or self-indulgent doesn't do justice to the fact that most self-harm addicts (but apparently not her) try to hide their wounds & scars so that they DON'T impact others. It's a disease of secrets, not bragging and "trophies" as she likes to portray. People in these situations aren't standing around letting people put cigarettes out on them. They're hiding these issues, not flaunting them.

[Download to continue reading...](#)

Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery Counselling
Skills for Working with Trauma: Healing From Child Sexual Abuse, Sexual Violence and Domestic Abuse (Essential Skills for Counselling) True Ghost Stories And Hauntings: Horrifying True Paranormal Hauntings From The Last 300 Years: Creepy True Ghost Stories And Accounts (True Ghost Stories, True Paranormal, Bizarre True Stories) Dirty Little Dog: A Horrifying True Story of Child Abuse, and the Little Girl Who Couldn't Tell a Soul. (Skylark Child Abuse True Stories Book 1) Locked In: One Girl's EXPLOSIVE TRUE STORY of Child Abuse (Child Abuse True Stories) Dear Daddy: The child abuse true story that will break your heart (Child Abuse True Stories) Daddy's Wicked Parties: The Most Shocking True Story of Child Abuse Ever Told (Skylark Child Abuse True Stories Book 2) Cornered: The Painful True Story of My Child Abuse Hell (Child Abuse True Stories) STARSTRUCK: The most SHOCKING child abuse true story you'll EVER read! (Child Abuse True Stories) Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Self-Discipline: Achieve Unbreakable Self-Discipline: How To Build Confidence, Willpower, Motivation, Self-Belief And Master Your Life!: Self control, ... Self-Confidence, Self-esteem, Organizing) Self-Love: The 21-Day Self-Love Challenge - Learn how to love yourself unconditionally, cultivate self-worth, self-compassion and self-confidence (self ... happiness) (21-Day Challenges Book 6) Self Help: How To Live In The Present Moment (Self help,

Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) A Bright Red Scream: Self-Mutilation and the Language of Pain Daddy Did Wrong: A Story of Sexual Abuse (Child Abuse Series Book 1) Bizarre True Stories: Weird And Unusual True Stories Of The Paranormal, Strange Sightings, Eerie True Ghost Stories And Unexplained Phenomena (True Paranormal ... True Ghost Stories And Hauntings) Finding Anna: A Memoir: The True Story of Child Sexual Abuse Sexual Abuse and the Sexual Offender: Common Man or Monster? (Forensic Psychotherapy Monograph Series) The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse, 3rd Edition Childhood Sexual Abuse: Developmental Effects Across The Lifespan (Child Abuse)

[Dmca](#)